



MINDS COUNT FOUNDATION  
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## Former KWM head to deliver keynote at Minds Count annual lecture

Berkeley Cox, the former chief executive partner for global law firm King & Wood Mallesons, will be the keynote speaker at the 2022 Minds Count Foundation annual lecture – the first such in-person event since 2019.

The Minds Count Foundation is an independent, charitable organisation with the objective of decreasing work-related psychological ill-health in the legal community and promoting workplace psychological health and safety.

Since 2008, the Foundation has hosted an annual lecture, which aims to promote mental wellbeing and raise awareness of, and promote practical solutions to, the prevalence and causes of psychological distress, anxiety, depression, suicide ideation and related ailments among legal professionals in Australia.

The Foundation's annual lecture has hosted keynote speakers including former Attorney-General Robert McClelland, former Australians of the Year Professor Pat McGorry and Lieutenant General David Morrison, Lifeline national board chair John Brogden, and Magistrate David Heilpern.

At this year's event, Berkeley Cox – who was the chief executive partner for KWM in Australia from 2017 to 2022 – will speak about his personal journey in law, how leaders can model appropriate behaviours, and how EIC professionals find striking a difficult balance between supporting their mental health by working reasonable hours and making time for self-care or being a team player and capitalising on development opportunities meaning extra commitments and hours – among other things.

He will deliver his keynote together with KWM solicitor Margaret Cai.

The 2022 iteration of the annual lecture will be held in-person at the Federal Court of Australia, Sydney and televised via closed web-cast on **Thursday 27 October 2022, from 6:00pm**. The event is being supported by McCabes Lawyers and Leo Cussen Centre for Law.

Speaking about the upcoming lecture, Minds Count chair Melinda Upton said that it is fantastic to have someone of Mr Cox's calibre share his thoughts with the broader legal profession.

It is also fantastic, she added, that Ms Cai – a rising star in Australia's legal profession – has also put her hand up to eulogise on such a sensitive and pertinent topic.

"The Foundation is honoured to host this year's event, and eagerly anticipates the wisdom and insights from Mr Cox and Ms Cai – in particular, the diversity of thought and perspective they will share, based on their own experiences and observations in Australia's legal profession. The lecture aims to foster constructive dialogue and create awareness in relation to mental wellbeing, while promoting innovative thought and strategic guidance in organisations of all sizes," she said.



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“The board is delighted to once again host the annual lecture as an in-person event, and we look forward to welcoming legal professionals of all stripes to the event.”

Established in August 2008 as the Tristan Jepson Memorial Foundation (TJMF), the Foundation has been at the forefront of building greater awareness around depression, anxiety and mental health across the Australian legal community. In 2018, the Jepson family stepped down from the Board to hand the Foundation back to the profession, and the organisation continued operating as the Minds Count Foundation.

To purchase tickets for the lecture, [click here](#).